April 2024

# Sunnyside Sentinel



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Administrator: **Jackie Kibbe** Food Service Director: Linda Elliott **Resident care Manager: Skye Schwab** Life Enrichment: Leslie Benson **April Birthdays Danielle See** 3rd Brandon Rogers 12<sup>th</sup> Vernon Johnson 23rd

Most of us look forward to the month of April as spring returns with warm temperatures, blooming flowers, and many outdoor festivals.

Many festivals occur in April. In Washington DC, there is the beautiful cherry blossom festival. New Orleans hosts its Jazz and Heritage Festival and Atlanta celebrates its annual Dogwood Festival. Thousands participate in the annual Earth Day festival worldwide.

• April has two birth flowers. Both <u>the daisy</u> <u>and the sweet pea</u> are considered birth flowers for the month of April. The sweet pea signifies blissful pleasure, while daisies represent childhood innocence, loyalty, and purity.



**EARTH DAY** Each year on April 22, more than a billion people celebrate Earth Day to protect the planet from things like pollution and deforestation.

## Staff Spotlight

#### <mark>Skye Schwab</mark>



Our Resident Care Manager Skye Schwab loves her job here at Sunnyside and plans to remain in the Health Care field as a career.

One of her favorite things is going to music festivals and she is recently engaged! Check out her beautiful ring! It probably comes as no surprise to hear that she was a cheerleader in high school because she is a big cheerleader here for all the residents at Sunnyside! Thank you, Skye, for your caring and compassionate nature. We are lucky

to have you here!

## April 23 – Pink Moon

The PINK MOON is a name given to the **Full Moon** that occurs in April, and it holds great spiritual significance in some cultures. It is believed to represent rebirth, growth, and renewal, marking the beginning of spring in the Northern Hemisphere.



#### Bill enjoys a Shamrock Shake! His SECOND one!



#### April 1<sup>st</sup>, 2024 6 Interesting Facts

1. April Fools' Day history is a bit of a

**mystery.** No one really knows the true story of how April Fool's Day originated.

2. April Fools' Day became popular during the 1700s. During this time, April Fools' Day <u>exploded in Britain</u>, eventually reaching its way to Scotland. In Scotland, April Fools' Day continues to be a two day event, with the second event exclusively focusing on "back side" pranks – like pinning fake animal tails on unsuspecting friends!

#### 3. People have divided opinions on April

**Fools' Day.** You might think that everyone loves pranks in good fun, but <u>polls show</u> that people's opinions are very divided. According to a recent survey, 45% of adults are amused by pranks while 47% find them annoying!

4. There have been some mind-blowing hoaxes over the years. One of the most famous April Fools' Day pranks occurred in 2008, by BBC. The BBC is a trusted authority for nature documentaries but in 2008, the BBC aired an entirely fake special featuring penguins that had evolved to learn how to fly. Millions were duped into believing penguins were capable of flight, only to be disappointed when it was revealed as an elaborate hoax.

**5. Sometimes April Fools' Day pranks have gone horribly wrong.** A famous example of a prank backfiring is known as the "Jafr alien invasion." In 2008, a popular newspaper published that <u>UFOs had landed</u> in a nearby desert. The town immediately went into a panic, with parents even refusing to send their children to school! The mayor prepared for an evacuation of 13,000 townspeople before the newspaper revealed it was only a prank, who claimed it was never their intention to scare people. Talk about a prank going too far!

## SOLAR ECLIPSE April 8th

#### What's the deal with this total eclipse?

A <u>total solar eclipse</u> — when the moon crosses directly in front of the daytime sun — will appear in the sky on April 8, 2024. An estimated 31 million people <u>live in the</u> <u>narrow strip of land</u> stretching from Maine to Texas where people will be able to see the total eclipse — when the moon completely covers up the sun. Those outside this "path of totality" will see a partial eclipse, in which the moon blocks anywhere from a little bit to almost all of the sun. NASA estimates that 99% of people living in the U.S. will be able to see a partial or total eclipse next month.

6. In most cases, April Fools' Day pranks are all in good fun. A classic April Fools' Day prank – also carried out by the BBC – occurred in 1957. The BBC ran a television special featuring <u>spaghetti</u> <u>trees</u> that could be harvested for freshly grown pasta. The BBC was soon flooded with requests to purchase these trees and had to declare the segment a hoax the very next day!





**Rejoice! He Is Risen craft!** 



St. Patty's Day Craft!



**Painting With Sponges!** 

## <mark>Spot Light</mark> Vernon Johnson



Vern will be 96 years young on April 23<sup>rd</sup>.

He has 5 children – 4 daughters and 1 son.

He always loved gardens and was insistent on putting one in every year.

After retiring, Vern did woodworking and refurbished antiques.

He loved to go to Big Boy for breakfast, and continues to love sweets!

We love how friendly Vern is and appreciate his sense of humor!

Happy Birthday, Vern!

I remember in days gone by, when our kids would have swimming lessons at the pool. The kids would swim and the parents would wait in the bleachers on the sides. Most of the times the kids were too involved with splashing and jumping and paddling to notice the loving audience of parents watching over them. But every now and then, each child would intentionally turn and look for that one face that mattered.

When I would see one of ours look over, I would hold up my hand in the way that forms the "I Love You" in sign language. They would instantly smile, knowing what I was saying, even without spoken words, and then go back swimming but with a much more dedicated effort knowing that I was watching them.

God too is a loving parent, watching over us and waiting for the chance to show us His love for us. However, just like my children had to look to me to get that message, we too need to turn and look for His face or we will miss those messages. In an age of constant distractions, and the splashings of life that are happening all around us, we can forget to seek out the face of God, forget to see the sign of His love for us in Jesus Christ, and miss out on feeling His love for us. We need to examine our lives and find those tiny moments where He has showered us with signs of His great love for us and then do our best to remain in that love in all we do.



"The Lord your God is in your midst, a mighty one who will save; he will rejoice over you with gladness; he will quiet you by his love; he will exult over you with loud singing." Zeph. 3:17

"But God, being rich in mercy, because of the great love with which he loved us, even when we were dead in our trespasses, made us alive together with Christ—by grace you have been saved." Ephesians 2:4-5

Chaplain David Price