

March 2024

Sunnyside Sentinel

108 Wildwood Dr., Cadillac, MI 49601

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Administrator
Jackie Kibbe

Food Service Director
Linda Elliott

Resident Care Manager
Skye Schwab

Life Enrichment
Director
Leslie Benson

March Birthdays

Emily French 2nd

Brenda Wingate 13th

Sabrena Pringle 27th

Tara Card 29th



From Chaplain Jeff Meyers:

Smile. God Loves You.

Each year during Lent and Easter I try to focus on something that will make me a better person. This year I decided to remember to smile.

Mother Theresa says:” Let us always meet each other with a smile, for the smile is the beginning of love.” I think she has a point.

A smile shared often puts a smile on another person’s face. Smiling is a simple act that communicates God’s love to another person. We have just lived through the darkest days of the year. We can all use a little sunshine. A smile is like sunshine to the spirit

We often close worship services with a blessing from Numbers 6:24. “May the Lord bless you and keep you; the Lord make his face shine on you and be gracious to you.” The blessing describes the Lord’s face as shining when he looks at us. I picture the Lord looking at us with a smile on his face. His shining face tells us he loves us.

Sometimes we are unaware of our facial expressions. Our heart may be happy and full of God’s love, but we forget to notify our face of the happiness in our heart. Taking some time to consciously remember to smile is a good way to notify our face that God loves us. Perhaps we could try a little experiment this month. Begin with a couple of days just observing the facial expressions of those around you. Is anyone smiling? Next, consciously choose to smile throughout the day. Do this everyday for a week. We might be surprised by the impact of a simple smile.

As a young man, I heard Leo Buscaglia share: “Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have potential to turn a life around.”

Caregiver Appreciation Day March 3rd

We would like to recognize our Sunnyside Caregivers and thank them for the wonderful care they give our residents!

We asked them to tell us something interesting about themselves:

- **Brenda Wingate:** She's very outgoing! Life of the party! Enjoys her job! Loves to decorate!
- **Hillary Hogberg:** At one time she collected thimbles and stamps!
- **Julie Poole:** She likes to diamond paint and garden. She has a collection of reptiles, birds, frogs cats, dogs and fish!
- **Emily Marvin:** She loves her sweet baby, Benji.
- **Skye Schwab:** She enjoys her time at Sunnyside! Loves to travel, try new things and making memories with her family.
- **Sabrina Pringle:** She was in dance for 2 years and competitive cheer for 1 year.
- **Danielle See:** She loves going for walks. She keeps busy attending her kids sporting events and enjoying friends and family.
- **Kayla Brasil:** She is an artist! She loves to draw and make pottery. She has a big family and a big heart.
- **Sarah Pisor:** She likes to crochet in her free time and coffee is her favorite drink!
- **Brandon Rogers:** He takes care horses!
- **Jackie Kibbe:** She has worked here for 14 years. She has 3 dogs, 1 cat and 3 daughters! She has been married 22 years.
- **Linda Elliott:** She loves music, cooking and has a great sense of humor.

Thank You Sunnyside Caregivers!



- **Tara Card:** She has 5 children! Loves all colors and most people.
- **Emily French:** She played the tuba for 8 years!
- **Iva Stewart:** She is a single mom raising her 10 year old. She said she wouldn't trade it for the world.
- **Jamie Diener:** She loves the beach and camping. She loves to cook and spending time with her kids.
- **Leslie Benson:** She loves books, the lakes/ocean, theater, hiking, and animals.
- **Rebecca Bigger:** She likes to decorate cakes!

Staff Spotlight

Jeff Creed



Our Maintenance Director, Jeff, moved to Cadillac 4 years ago, but he has visited here frequently since childhood. He has one son.

He is an avid hunter and fisherman! So, it is no surprise that his favorite food is fish and seafood!

This is his 44th year doing maintenance work. Sunnyside is lucky to have this experienced guy.

Jeff has an interesting hobby that he's been enjoying for the last 10 years – he makes his own archery bows!

Thanks, Jeff, for taking good care of the maintenance needs of Sunnyside and being a friend to our residents.



Celebrating March

March 17th, **St. Patrick's Day**, is notably March's most famous annual holiday.

Myth:

Legend says St. Patrick drove all the snakes out of Ireland. But snakes were never in Ireland!

Truth:

St. Patrick is said to have brought Christianity to Ireland.

Why do people wear green?

To bring good luck, to honor Irish ancestry and to keep leprechauns from pinching you!



Valentine Treats – Crescent Hearts! Made by our Sunnyside Ladies! Enjoyed by all!





Over 50 percent of pet owners would rather be stranded with their pet than another person.

It doesn't get any cuter than **March 23**, when it is both **Cuddly Kitten Day** and **National Puppy Day**. The debate between cat people and dog people rages on. At the Westminster Dog Show, dog authorities argue that dog people are outgoing while cat people are more aloof.

Cat owners over at the Black Diamond Cat Show say that cat people are more intelligent and independent than dog-owners.

According to researchers, dog people are more extroverted, agreeable, and conscientious. Cat lovers are a bit less traditional and more artistic. Both parties, however, love to cuddle.

Welcome Chaplain David



Good Friday March 29th



Easter March 31st



Chaplain David has been a pastor for 18 years. He has 8 children. Loves family time and camping. He has a hobby farm where he tends cows and chickens! We can already tell he is filled with love and kindness.

Welcome!