



Sunnyside Assisted Living
108 Wildwood Drive
Cadillac, MI 49601

Postage
Information

October 2022

Sunnyside News

Sunnyside Assisted Living 108 Wildwood Drive, Cadillac, MI 49601 231-775-7750



Our Staff

Administrator
Jackie Kibbe

Resident Care manager
Heather Zimmerman

Food Service Director
Linda Elliott

Activity Director
Traci Nietling

October Birthdays

Residents
10/07 Loretta Burton
10/26 Alice McQuistion

Staff
10/04 Sarah Pisor
10/11
Heather Zimmerman

John 13:34-35 (NIV) “A new command I give you: Love one another. As I have loved you, so you must love one another. By this everyone will know that you are my disciples, if you love one another.”

Several times a month, I cross the Mackinac Bridge. Miles before reaching the bridge, the suspension towers shine white against the blue sky. During the almost five miles driving over the bridge, the views are even more amazing. Looking out over the railings, I see ferries traveling to Mackinac Island with white foam trailing behind, sailboats, and amazing shorelines. There are so many things on which to focus. However, I am driving across a bridge high above the water! This means focusing on the highest priority; the road and the traffic around me. In life, and in faith, focusing on the highest priority is very important.

In John 13, Jesus shares with the disciples His principles for a life of faith. We are to focus on **love**; especially loving each other the way Jesus shows love to us.

What does this look like? In Galatians and 1 Corinthians, loving behavior is described as kind, patient, not irritable or envious, displaying goodness and self-control and gentleness. Behavior that does not “bite and devour each other.”

How are you doing in these areas? When we see room for improvement, Jesus invites us to live more deeply in the Way of Love. Love for God. Love for self. Love for one another. We do this by spending time with God. As we do so, the very character of God rubs off on us, changing us and filling us. We can then share this love with others in how we speak and act. **As Jesus stated, “By this everyone will know that you are my disciples...”**

Chaplain Karen

October: By Robert Frost

**O hushed October morning mild,
Thy leaves have ripened to the fall;
Tomorrow’s wind, if it be wild,
Should waste them all.
The crows above the forest call;
Tomorrow they may form and go.
O hushed October morning mild,
Begin the hours of this day slow.
Make the day seem to us less brief.
Hearts not averse to being beguiled,
Beguile us in the way you know.
Release one leaf at break of day;
At noon release another leaf;
One from our trees, one far away.
Retard the sun with gentle mist;
Enchant the land with amethyst.
Slow, slow!
For the grapes’ sake, if they were all,
Whose leaves already are burnt with frost,
Whose clustered fruit must else be lost-
For the grapes’ sake along the wall.**



Located in Cadillac, Michigan, Sunnyside Assisted Living is a community designed to provide choice and convenience for seniors requiring various levels of assistance with daily activities. Our staff works together with you to create a wonderful, family atmosphere for your loved ones. All of our residents enjoy companionship while maintaining cherished independence and dignity. The Sunnyside Assisted Living Community offers assisted living in a homelike environment with specialized care ranging from minimal assistance to care for the frail elderly. Our care programs are designed specifically for the needs of the residents in our community; providing the highest level of service when it’s needed the most. As part of the Baruch family of assisted living communities, it is our mission to provide a home for our residents who have outlived their financial resources. This allows seniors and their families a sense of peace knowing that they do not need to leave their home due to funds. It is because of the support of others that we are able to continue to provide a home for many. Sunnyside shares in the mission of Baruch Senior Ministries, seeking to honor God by serving people as they age.



**Picking Apples!
YUM!**

A Little Red Apple

**A little red apple
Hung high in a tree
I looked up at it
And it looked down at me
"Come down, please" I
called
And what do you suppose--**

**That little red apple
Dropped right on my
nose!**



**Story Time & Grandparents' Day
at Sunnyside! We sure do love
all the kiddaroos!**



**Linda Elliot, our Food Service
Director! You make Sunnyside
taste like Grandma's house!**

Community Outreach: Making Crafts for Heritage Christian 2nd graders.



**Marlene & Precious every Monday
afternoon. We enjoy your visits!**



Fun Facts About October:

***The traditional flower of
October is the *calendula* –it
symbolizes comfort, healing,
protection, and grace.**

***The Anglo-Saxons called
October "winterfylleth" – it
means 'fullness of winter.' The
reason they called it that is
because October has the first
full moon of the winter season.**

***Oct 9 is Leif Eriksson Day! Leif
Eriksson and his Vikings arrived
in North America over 1,000
years ago.**

**Thank you, Jackie Kibbe, our
administrator for your love and
dedication!**



