



Sunnyside Assisted Living  
108 Wildwood Drive  
Cadillac, MI 49601

Postage  
Information

# Sunnyside News

Sunnyside Assisted Living \* 108 Wildwood Drive, Cadillac, MI 49601 \* 231-775-7750



### JOY, A Meditation

#### Psalm 16 (in part)

*Keep me safe, my God,  
For in you I take refuge.  
Lord, you alone are my portion and my cup;  
You make my lot secure.  
I will praise the Lord,  
My heart is glad and my tongue rejoices;  
You make known to me the path of life;  
You will fill me with joy I your presence,  
With eternal pleasures at your right hand.*

As chaplains we are privileged to arrive at the homes we visit knowing that God is there ahead of us. It is assuring to know we are stepping into work God is already doing; it is not about us. Each encounter is different and all of it is Holy Space.

In a visit, sometimes a resident will ask us to pray with them. No matter what shape the conversation has taken to that point, pausing together with God changes the whole feel of the room; there is a palpable sense of mutual refreshment, a breath of peace and joy.

A blend of two quotes on Psalm 78's prayer of lament, says: "God's presence is our sanctuary. The view from here is very different from our circumstances. Battered reason, outraged sensitivity, and provoked faith are marched into God's sanctuary where they are clothed in robes of eternity. Our flesh and heart may fail but God is the strength of our life and confident hope for the future."

God calls us over and over to come to Him exactly as we are. He knows us by name, knows everything we think, and loves us. God promises to draw us to him and to hold us close to his heart (Isaiah 40). As we are honest with God our relationship grows and in His presence there is healing, wholeness, peace, and joy. God's mercy allows us to begin new every morning.

Prayer ushers us into God's presence. It is no coincidence that the prayer the Bible gives as an example begins with, "Our father, who art in heaven; **hallowed** be thy name." Psalm 100 reminds us that we enter His gates with thanksgiving and his courts with praise. Psalm 8 says praise is a gift to silence the foe and the avenger. The enemies of fear, pain, and hopelessness are transformed in God's presence and we experience life giving "un-burdening."

*"I will praise and rejoice! You make known to me the path of life and fill me with joy in your presence"....now and into eternity.*

Chaplain Sheri

### Our Staff

#### Administrator

Jackie Kibbe

#### Resident Care Manager

Heather Stead

### March Birthdays

#### Resident Birthdays

03/04 Arvid Mannor

#### Staff Birthdays

03/15 Gail Erickson

### Anniversaries

03/11 Gail Erickson 1 year

03/20 Alexis Larkins-Fobear

3 years

03/21 Evan Wilkerson

1 year

St. Patrick's Day in an enchanted time. A day to begin transforming winter's dreams into summer's magic.  
-Adrienne Cook



a program of Baruch Senior Ministries

Located in Cadillac, Michigan, Sunnyside Assisted Living is a community designed to provide choice and convenience for seniors requiring various levels of assistance with daily activities. Our staff works together with you to create a wonderful, family atmosphere for your loved ones. All of our residents enjoy companionship while maintaining cherished independence and dignity.

The Sunnyside Assisted Living community offers assisted living in a homelike environment with specialized care ranging from minimal assistance to care for the frail elderly. Our care programs are designed specifically for the needs of the residents in our community; providing the highest level of service when it's needed the most.

As part of the Baruch family of assisted living communities, it is our mission to provide a home for our residents who have outlived their financial resources. This allows seniors and their families a sense of peace knowing that they do not need to leave their home due to funds. It is because of the support of others that we are able to continue to provide a home for many.

Sunnyside shares in the mission of Baruch Senior Ministries, seeking to honor God by serving people as they age.

Students from the Seventh Day Adventist Parochial School came to sing for us on Valentine's Day!



*Barb and George Shankland's 42<sup>nd</sup> anniversary was on Valentine's Day*



Kendra came to show us her beautiful dress before her Snowcoming dance.



Mardi Gras mayhem!!!



I am reaching out looking for testimonies from residents and families from over the past year to include in the 2019 annual report – especially if it goes along with the 2019 theme of “home” (i.e. what home means to me, why this community is my home, etc.). If you have something you would like to share, please let me know!

Thank you!

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**Facts about St. Patrick's Day.**

1. St. Patrick's Day is Irish national holiday with banks, stores, and businesses closing for the day.
2. The first St. Patrick's Day celebration in the United States was held in Boston in 1737.
3. Shamrocks are the national flower/emblem of Ireland.
4. The color of St. Patrick's Day was originally blue.
5. Beer is one of the most widely consumed beverages on St. Patrick's Day.
6. Legend says that each leaf of the clover has a meaning: Hope, Faith, Love, and Luck.

